

# Project ECHO for Campus Suicide Prevention



Launching  
January  
2020



The Campus Suicide  
Prevention Center  
of Virginia

## What is Project ECHO?

Project ECHO for Campus Suicide Prevention is a free, online forum for learning and discussing how to reduce suicide risk and promote wellness among college students. Using a group telementoring format, Project ECHO provides opportunities for you to interact with peers from other institutions to:

- Exchange information on strategic planning and implementation
- Share challenges and lessons learned
- Promote collaborative problem solving
- Support individual as well as systemic growth
- Learn from subject matter experts

## What does an ECHO session look like?

ECHO sessions meet bi-weekly for 90 minutes. A session includes:

- Introductions
- Mini-didactic on a topic related to campus suicide prevention or wellness promotion, based on participants' expressed interests
- Case presentation by a participating campus, followed by group discussion and problem-solving
- Additional case presentations as time allows

## Who can join Project ECHO?

Participants include representatives from student services, wellness education, student health, campus security, residence life, and campus counseling centers in Virginia.

CEU's are available. For questions or to participate, please email or call Jane Wiggins at [wigginjr@jmu.edu](mailto:wigginjr@jmu.edu) or 540-568-8901. For more information visit

<http://www.campusuicidepreventionva.org/projectecho-csp.php>

## Who is leading this?

Project ECHO is sponsored by the Campus Suicide Prevention Center of Virginia in partnership with the Virginia Department of Health. We also receive guidance and technical support from the UNM Project ECHO Institute.